

## **Informed Consent for Sonohysterogram**

Your doctor has referred you to Radiological Associates of Sacramento for a sonohysterogram. This consent explains the procedure and possible complications.

### **Description of the Procedure:**

The sonohysterogram is a vaginal ultrasound evaluation of the uterine cavity while infusing sterile water into the uterine cavity. It is generally done to check for abnormalities inside the walls of the uterus. It may help in the diagnosis of abnormal bleeding, difficulty in conceiving a pregnancy or recurrent miscarriages. The patient is placed on an ultrasound table and prepared as for a pelvic exam. Using sterile technique, the radiologist will insert a speculum into the vagina, clean off the cervix, and then insert a catheter through the cervical opening. Once the catheter is in place, a tiny balloon is inflated inside the uterus and the sterile water is injected. The Radiologist and Sonographer will take multiple images to document what is shown on the monitor.

### **Risks of the Procedure:**

You may experience cramping similar to menstrual cramps, which will quickly resolve as the liquid flows back from the uterus. If you experience any heavy bleeding, excessive cramping, fever or chills, please contact your physician right away.

### **Alternatives to the Procedure:**

Hysteroscopy.

### **Anticipated Benefits:**

Diagnosis of any abnormalities of the uterine cavity.

### **Consent:**

I have been informed of the nature, risks, consequences, and alternatives of this procedure. No guarantee has been made as to the results. I have read and fully understand the above information, and have had all my questions answered. I give my consent to have this procedure performed.