

PATIENT INFORMATION

- Please be sure to bring this referral form from your physician with you.
- Bring your health insurance information, forms and cards with you.
- If you have previous x-rays, examination films or reports, bring them with you.
- Please notify schedulers if patient needs an attendant.
- Please leave valuables at home. RAS cannot be held responsible for lost belongings.
- If there is a possibility of pregnancy, please inform our staff prior to your appointment.
- Children 11 and under cannot be left unattended or go into the exam room with you.
- Patients who are improperly prepared for their exam may need to be rescheduled. Please check prep instructions.
- If you need to reschedule your appointment, please call us at least 24 hours in advance.

THE FOLLOWING EXAMS REQUIRE PREPARATION AND APPOINTMENTS

BARIUM ENEMA EXAMINATION

Allow 1-2 hours

- A prep kit is available from the Imaging Center or from your doctor. Instructions are included in the prep kit for morning appointments.
- Please contact the Imaging Center for afternoon appointment instructions.

CT

Allow 1 hour

You may take medications with sips of water

- CT Abdomen and/or Pelvis - No food for 2 hours prior to scan, medications and clear fluids allowed and strongly encouraged. Please pick up a prep kit from an RAS Imaging Center at least 24 hours before your exam. Follow the special instructions very closely.
- CT Chest - No food 2 hours prior to exam. Fluids are strongly encouraged.
- CT Angiogram of Coronary Arteries - Contact office for special instructions.
- All other CT exams - No restrictions.

MAMMOGRAPHY EXAMINATION

Time varies

- After shower or bath, please do not use deodorant, dusting powder or perfume on the breasts or underarm areas.

MRI

Time varies

- Please let us know if you have any implanted medical devices.
- Some metals may not be allowed in magnet. Do not wear excessive make-up, bobby pins or other metal hair accessories.
- Please leave valuables at home.
- Please continue taking your medications unless otherwise directed.
- MRI Abdomen or Pelvis - No food or drink 2 hours prior to exam.

NUCLEAR MEDICINE

Time requirements vary substantially and can be as lengthy as 6 hours. Call for a time estimate and to confirm pre-procedure instructions.

- **Cardiac Scans**-Wear comfortable clothes, especially shoes as you may be walking on a treadmill. No caffeine of any kind.
- **Renal Scans**- Drink two 8-ounce glasses of water during the two hours prior to exam.
- **Gallbladder Scans** - Do not eat or drink liquid during the four hours prior to exam.

PET/CT PREP

Allow 2 hours

- Eat a low carbohydrate dinner the evening prior to the exam.
- Do not eat 6 hours prior to the appointment.
- Please drink 4-5 glasses of water prior to arrival, no other liquids are allowed. You may empty bladder as needed.
- If you are diabetic, please contact our office for further instruction.
- Wear warm and comfortable clothing **without metal snaps, buttons or zippers.**

ULTRASOUND EXAMINATION

Allow 30 minutes - 1 hour

- **Pregnancy** - Drink 16oz. of water 1 1/2 hours before the examination. Be sure and drink the water within the first 1/2 hour and PLEASE DO NOT VOID. **You need a full bladder for this exam.**
- **Pelvis** - Drink 32oz. of water 1 1/2 hours before the examination. Be sure and drink the water within the first 1/2 hour and PLEASE DO NOT VOID. **You need a very full bladder for this exam.**
- **Abdominal (Liver, Gallbladder, Pancreas, Aorta, Renal Arteries)** - Take nothing by mouth for 8 hours prior to the examination. Small sips of water are allowed to take medication.
- **Kidneys** - Drink 8oz. of water 1 hour before the examination. Take nothing by mouth except the water and medications if needed.

All other ultrasound examinations require no preparation but do require an appointment.

UPPER GASTROINTESTINAL EXAMINATION

Allow 45 minutes

If small bowel is included please allow additional 1-2 hours. Contact the Imaging Center for special instructions if your appointment is in the afternoon.

- No food or liquid after 1000 pm the evening before the exam.
- No breakfast, coffee, smoking, or chewing gum on morning of exam.

URINARY TRACT EXAM (IVP)

Allow 1-2 hours

- Obtain an IVP prep kit from your Physician or Imaging Center at least 24 hours before your exam.
- Follow the instructions in your prep kit very closely.
- No food for 2 hours prior to scan, medications and clear fluids allowed and strongly encouraged.