

IVP Patient Prep Instructions

You are scheduled for an IVP (intravenous pyelogram), an x-ray dye study of the urinary tract. In order to obtain a satisfactory examination, it is necessary to cleanse the bowel in order to adequately visualize the kidneys on x-ray. This prep kit consists of a bowel cleanser or laxative. You may experience abdominal cramping or watery stools after taking the prep. These effects should last no more than 24 hours.

1. At 4:00PM on the afternoon before your scheduled examination, prepare the Magnesium Citrate:
 - ♦ If you were given a 10-ounce bottle of Magnesium Citrate Oral Solution, pour over ice and drink.
 - ♦ If you were given powdered Magnesium Citrate, mix the package with one 8-ounce glass of room temperature water, stirring occasionally. Wait approximately 20 minutes before drinking.
2. You may eat a normal dinner.
3. DO NOT eat food 2 hours before your scheduled appointment.
4. Medications and fluids are allowed and strongly encouraged.
5. The IVP examination will take approximately one to two hours.
6. **If you take Avandamet, Glucophage, Glucovance, or Metformin, please discontinue your medication for 48 hours after the exam.**
7. If you are diabetic, please follow these hydration instructions: Minimum ½ cup/hour of water orally for 4 hours before and 24 hours after injection of contrast (soft drinks may be substituted for water).
8. If you are diabetic and are on diuretics such as Lasix, please do not take 24 hours prior to exam.

If you have any questions, please call the office where your exam is scheduled.

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