



This is a Sample of a form you may be asked to sign

Discharge Instructions: Conscious Sedation

Patient Name: _____ Date: _____

Procedure: _____

Radiologist: _____

Today you have received medications to make you sleepy during your procedure. The medications you
Received are _____

RAS staff with the greatest care administered these medications, and you were monitored following our procedure to prevent complications. However, some medications can take up to 24 hours to clear from the body.

The following are recommendations for you during the next 24 hours:

Do not drive or operate heavy machinery

Do not consume any alcoholic beverages

Do not make any important decisions

You may resume your normal diet. If you feel nauseated, begin with clear liquids and soda crackers. If you can tolerate this, add soft foods such as applesauce or pudding. Then advance to solid foods.

Rest for the remainder of the day. The medications given to you for sedation can sometimes make patients feel fatigued. With fatigue, there is an increased risk of accidents in the home setting.

If you have any questions, please call us at (916) 733-8755