

## **CT Enteroclysis (Enterography) Patient Prep Instructions**

You are scheduled for a CT Enteroclysis (Enterography) examination. In order to obtain a satisfactory examination, it is necessary to cleanse the bowel in order to adequately visualize the small bowel on CT. This prep kit consists of a bowel cleanser or laxative. You may experience abdominal cramping or watery stools after taking the prep. These effects should last no more than 24 hours.

1. At 4:00PM on the afternoon before your scheduled examination, prepare the Magnesium Citrate:

- If you were given a 10-ounce bottle of Magnesium Citrate Oral Solution, pour over ice and drink.
- If you were given powdered Magnesium Citrate, mix the package with one 8-ounce glass of room temperature water, stirring occasionally. Wait approximately 20 minutes before drinking.

2. You may eat a normal dinner.

3. No food after midnight (before exam).

4. Do NOT drink liquids 2 hours prior to the exam.

4. The CT examination will take approximately thirty minutes to 1 hour.

**5. If you take Avandamet, Glucophage, Glucovance, or Metformin, please discontinue your medication for 48 hours after the exam.**

7. If you are diabetic, please follow these hydration instructions: Minimum ½ cup/hour of water orally for 4 hours before and 24 hours after injection of contrast (soft drinks may be substituted for water).

8. If you are diabetic and are on diuretics such as Lasix, please do not take 24 hours prior to exam.

If you have any questions, please call the office where your exam is scheduled.  
Roseville Imaging Center (916) 784-2277  
Capitol Imaging Center (916) 453-9999