

## AFTER CARE BREAST BIOPSY

You have just completed a breast core biopsy. The local anesthesia should keep you comfortable for 1-2 hours. If you need to take something for discomfort, take Tylenol or Ibuprofen (Advil, Nuprin, Motrin, Aleve) unless otherwise instructed. **Do not take aspirin.**

The biopsy site has been dressed with surgical tape and covered with gauze. It is not necessary to change these dressings. Please keep the biopsy site dry for 24 hours. At that time, remove the gauze, leaving the surgical tape in place. The surgical tape can be removed 48 hours after the biopsy procedure.

An ice pack is provided to reduce any bruising or swelling. Place it in your bra at the biopsy site. The ice pack may be refrozen and reused as necessary. We recommend you wear your bra until the following morning. If a pressure dressing has been applied, this can also be removed the following morning.

Avoid lifting and strenuous activities for 24 hours. If bleeding occurs, apply firm pressure for 5 minutes. If bleeding continues or pain is excessive, contact the imaging center where you had your biopsy (8:00AM – 5:00PM). For questions or problems after hours, contact the radiologist on call at pager number \_\_\_\_\_.

You will receive the final results from your doctor.

If your biopsy is negative, a follow-up ultrasound or mammogram of the biopsied breast is recommended in approximately 6 months. You will need a referral from your doctor for the follow-up exam.

Thank you for allowing us to serve your health care needs.

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